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ABSTRACT OF THE DISCLOSURE

A circuit and method for controlling a spread spectrum transition are presented comprising a first circuit and a second circuit. The first circuit may be configured to generate a clock signal in response to (i) a reference signal, (ii) a sequence of spread spectrum ROM codes, and (iii) a command signal. The second circuit may be configured to synchronize said command signal to a feedback signal. The sequence of spread spectrum ROM codes may be generated according to a predetermined mathematical formula and optimized in accordance with predetermined criteria.